

# Taking on Alzheimer's

## What You Need to Know

Alzheimer's Disease (AD) is a type of dementia that affects memory, thinking and behavior. It is the most common form of dementia and is more likely to affect women and communities of color. Those diagnosed are commonly 65 and older.



Alzheimer's is the **third leading cause of death** in California.

### ALZHEIMER'S: WHAT CALIFORNIANS NEED TO KNOW

The number of CA residents living with Alzheimer's Disease and related dementias is **expected to double** from 2019 to 2040.

Among California's baby boomers 65 and older, **one in six people** will develop AD. **One in five** will develop dementia.

### TOP SIGNS TO LOOK FOR



### ALZHEIMER'S BY THE NUMBERS

AD accounts for **60-80%** of all causes of dementia

Of the **5.6 million people 65 years and older** with AD in the U.S., an estimated **3.5 million** are women and **2.1 million** are men

If you or someone you know is experiencing signs of Alzheimer's Disease, contact your doctor or health specialist.

Please visit [TakeOnALZ.com](https://www.TakeOnALZ.com) for more information on Alzheimer's and the actions you can take to protect yourself and your loved ones.

