

# Support.

**This is what it takes to talk to your doctor about Alzheimer's.**

It's not easy to talk about Alzheimer's. But nearly two-thirds of people diagnosed are women.

Women just like me.

So, I'm watching out for signs—like memory loss that disrupts daily life—in myself and others. And I'm monitoring my Type 2 diabetes and eating healthier to help reduce my risk. Because I have what it takes to **take on Alzheimer's.**



**Talk to your doctor about signs, screening and early detection.**

TakeOnALZ.com

